

# Turn parenting challenges into triumphs with WoW!



#### Struggling with meal planning?

Involve your kids in cooking to make them more interested in meals.

Dietitians on WoW can help you create nutritious and delicious meals your kids will love.



# Worried about your child's emotional wellbeing?

Encourage your child to express feelings through drawing or storytelling.

Counselors on WoW help them navigate their feelings, ensuring your child grows up emotionally resilient and strong.





#### Got health concerns?

Keep a health journal for your child to track symptoms and milestones.

From illnesses to growth milestones, get the expert advice you need for your child's health with doctors and pediatricians on WoW.



The Fuller Life



#### Want to secure your child's future?

Start a savings account for your child's future and contribute regularly.

Financial advisors on WoW can help you set up the right investments and help you build a solid financial foundation for your child's dreams.





### Finding it hard to spend quality time?

Schedule a weekly family game night.

WoW's art sessions offer fun activities to strengthen your bond, make memories and enjoy precious moments together.





#### Looking for parenting tips?

Create a daily routine that balances learning and play.

Explore WoW's webinars, videos and articles packed with parenting tips to stay informed and become the best parent you can be!







## Wellbeing is the greatest gift a child can receive

