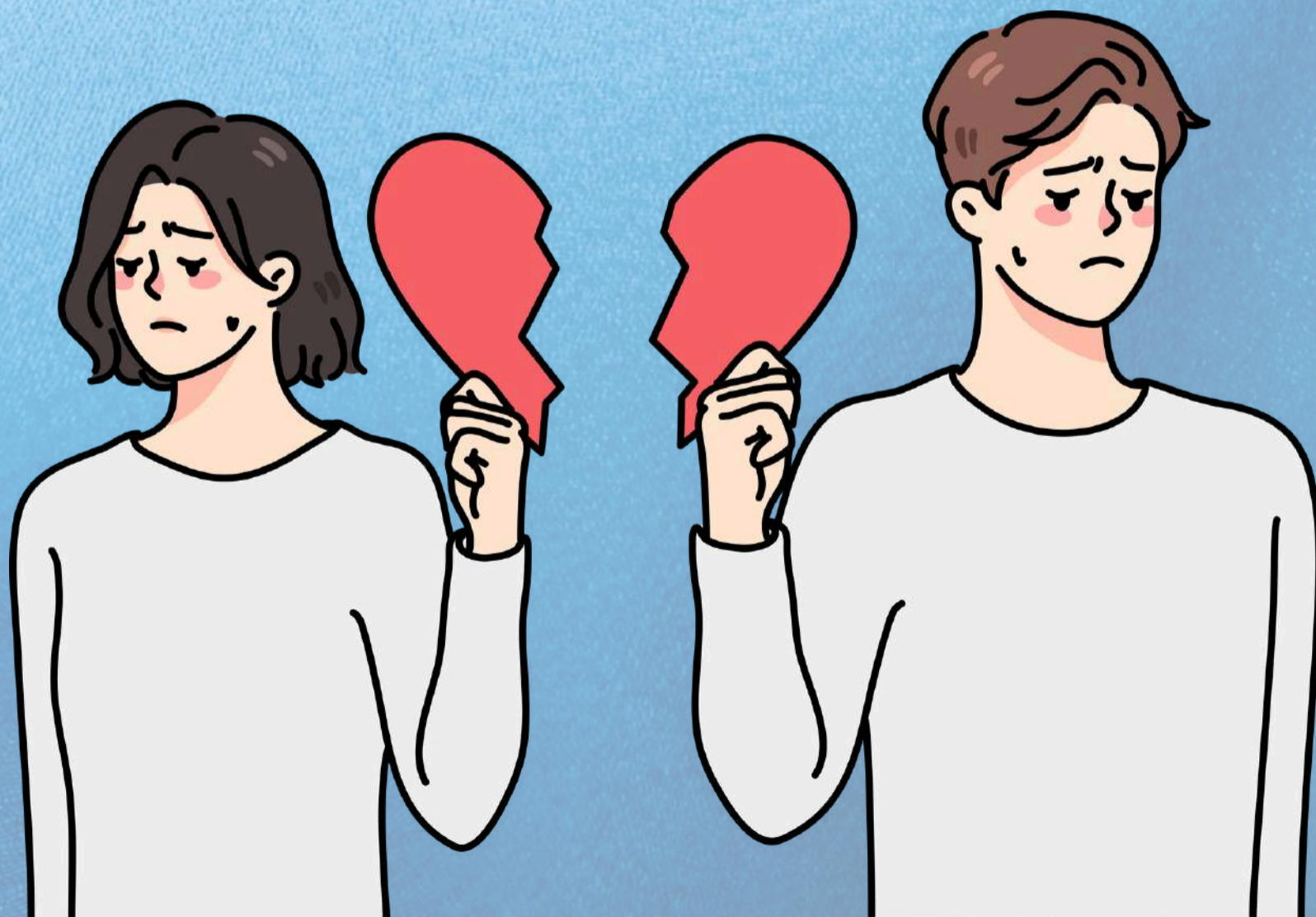


6 reasons why couples of this generation are separating easily



Lack of communication

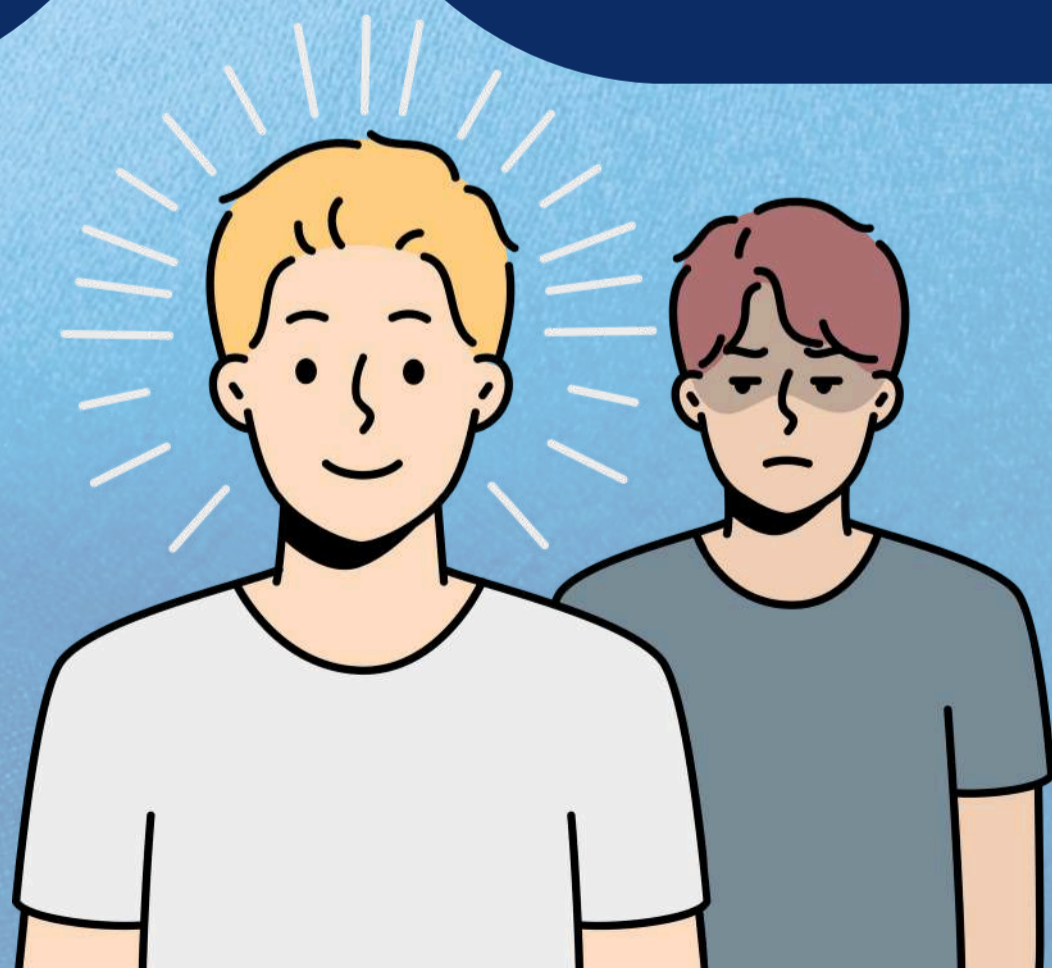
Modern-day requirements in the fast-paced world have led to a decrease in effective communication between partners.

Misunderstandings and unresolved conflicts accumulate, causing strain and leading to separation.



Focus on mental health

Increased awareness of mental health has led to a greater emphasis on leaving toxic or abusive relationships where one feels they must always walk on eggshells.



Higher expectations

Modern couples often have higher expectations from their partner in terms of personal fulfilment and emotional connection.

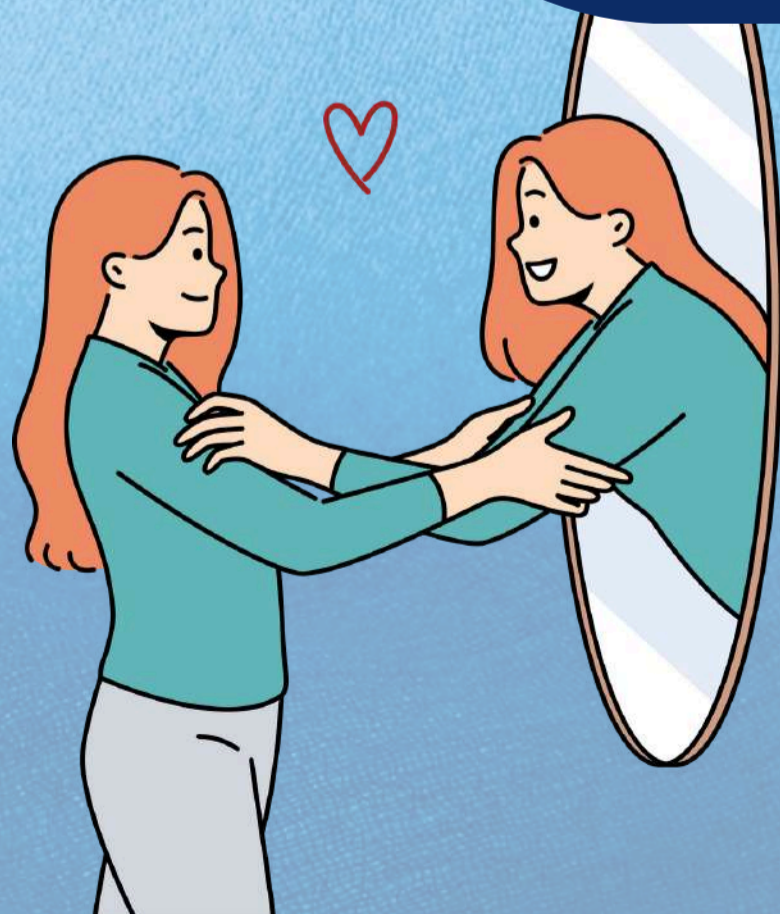
If these needs aren't met, they're more likely to leave the relationship.



Focus on personal growth

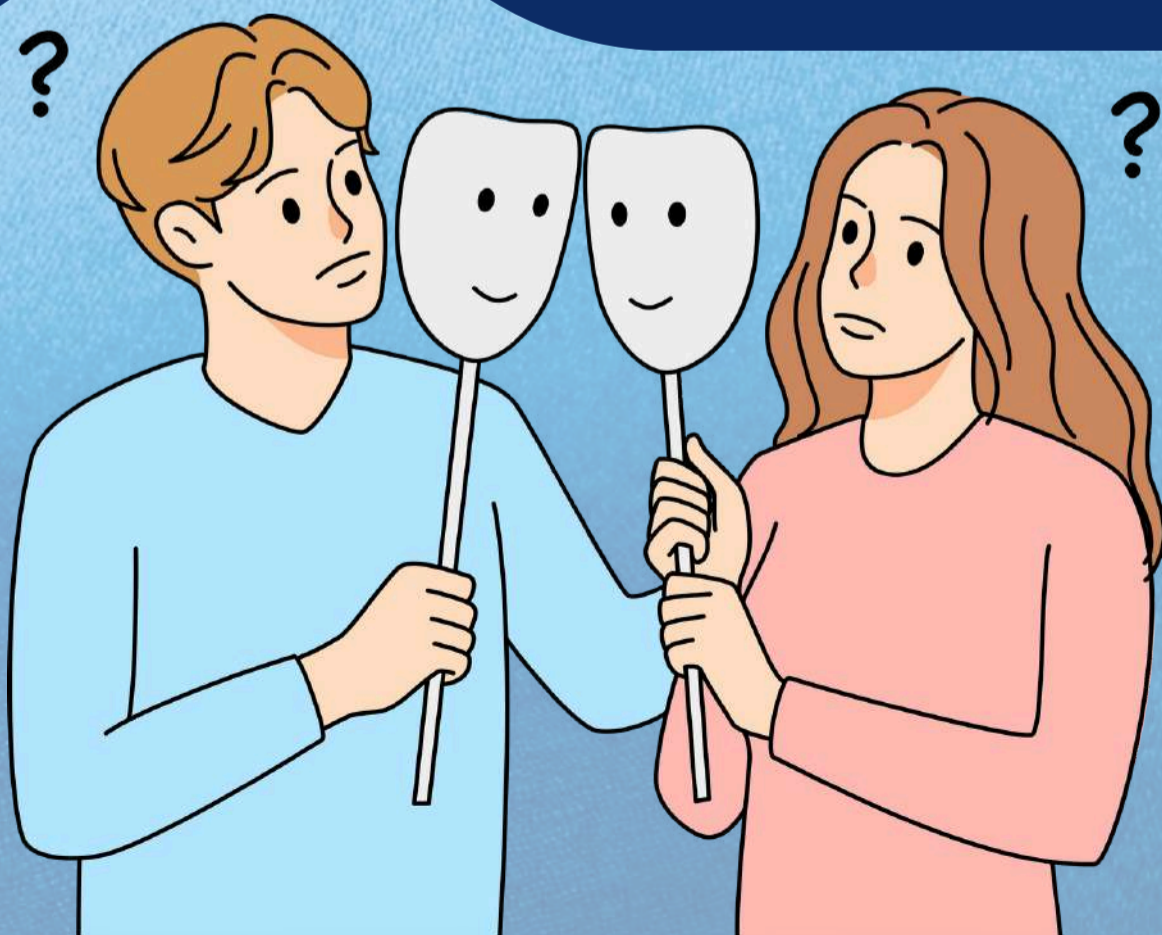
There's a greater emphasis on self-discovery and personal growth today.

Couples are more inclined to pursue individual paths if they believe it leads to a better quality of life without their partner.



Changing social norms

The stigma once associated with ending a relationship has diminished, allowing individuals to make choices that prioritise personal happiness and wellbeing over making a tough relationship work.



Financial independence

Increased financial independence has empowered more people to leave unsatisfying relationships.

Individuals feel they have the means to support themselves financially at the cost of companionship.



**Happily ever after is not a fairy tale,
it's a choice.
And so is wellbeing.**



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