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# Quick saving tips for everybody





**Too many subscriptions?**

**(Streaming and music apps, TV, etc.) Review & unsubscribe.**

**Added to cart?**

**Now leave it for 24 hours before clicking buy.**



**Ordering in often?  
Limit to twice a week**



**Taking an auto or cab?  
Can you walk it or  
use public transport?**



**Meeting friends at a cafés?  
Meet at parks.**



**Pay with cash.  
It makes you careful.**





**Make a list before shopping and stick to it.  
Keep a budget too.**



**Don't save card information with  
online retail services.**



**Need something short-term?  
See if you can borrow or rent it.**

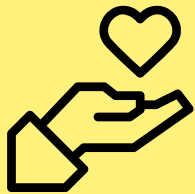


**Keep a lookout for coupons  
& sales around festivals.**



With **Wellbeing on the Web**, you can get webinars, financial consultations, videos and beginner-friendly articles to grow your savings and investments.

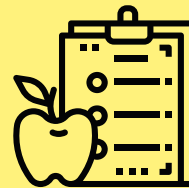
## Check out our services



Counsellors



Doctors



Nutritionists



Diagnostics



Pharmacy



Finance guide



Newsletters



Self-assessments



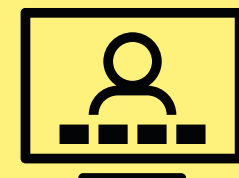
Live classes



Articles



Videos



Webinars